



EGGS ROYAL

Soft poached eggs, smoked salmon, avocado, hollandaise sauce on a toasted croissant

Gluten Free Bread Available

EGGS BENNY

Two poached eggs, spinach, hollandaise on a Turkish bread with a choice of bacon and ham

Gluten Free Bread Available

MUSHROOMS ON SOURDOUGH

Sautéed mushrooms, candied walnuts, goat cheese, bush dust

Gluten Free Bread Available

SMASHED AVOCADO

Avocado, poached eggs, cherry tomatoes, feta, pesto on a toasted sourdough, bush dust

ADD bacon or smoked salmon \$5

HEALTHY EGGS

Poached eggs, beetroot hummus, avocado, haloumi, mushrooms, spinach, toast and dukka

Gluten Free Bread Available

ADD smoked salmon \$5

FLUFFY PANCAKE

Buttermilk pancake, fresh berries, grilled banana, maple syrup, ice-cream

FRENCH FRIED BREAD

Sliced bread soaked in a beaten eggs, bacon, grilled banana, berry compote, maple syrup and icecream

Gluten Free Bread Available

CORN, ZUCCHINI & FETA FRITTERS

Avocado, corn salsa, poached egg, tomato relish, crème fraîche, rocket

SPANISH STYLE OMELETTE

eggs, tomato, capsicum, mushrooms, red onion, spinach, and sourdough

Gluten Free Bread Available

BREKKY BURGER

Bacon, egg, hashbrown, cheese, tomato, spinach, Smokey aioli

18

BREKKY BURRITO

Scrambled eggs, bacon, mushrooms, tomato salsa, avocado, siracha

THE VEGE PATCH

Eggs your way, wilted spinach, grilled tomato, hashbrown, avocado, haloumi, mushrooms and sourdough toast

Gluten Free Bread Available

22

THE BIG WAVE

eggs, bacon, chipolatas, baked beans, mushrooms, grilled tomato, hashbrown and toast

20

MIDDLE EASTERN BAKED EGGS

baked eggs on a lightly spiced tomato sauce, chorizo, feta, toasted sourdough

18

MUSHROOM & RICOTTA

Sauteed mushrooms, truffle oil, ricotta, spinach, tomato, pine nuts and parmasen

20

ADD egg \$3 two eggs \$5

SALMON ON TOAST

Tasmanian salmon, corn salsa, avocado, poached egg, rocket and dukka.

18

BACON AND EGG ROLL

Fried egg, bacon, cheese, smokey BBQ sauce/ tomato relish on a milk bun.

19

Nourishing Salads

VEGAN BOWL

Falafel, beetroot hummus, Quinoa, kale, cucumber ribbons, pickled onion, tahini, toasted seeds, bush dust

22

SALT AND PEPPER SQUID SALAD

Flash fried squid, baby cos, capers, dill, pickled cucumber, parsley, lemon and mayo

18

JAPANESE STYLE CHICKEN BOWL

Brown rice, avocado, kale, spring onion, cabbage, edamame, sesame, pickled ginger, poached chicken, umami and ponzu dressing

18



18

Kids

BACON & EGG ON TOAST

Bacon and egg on a toasted white bread

10

23

TOAST with your choice of honey, Jam, Vegemite

7

MINI PANCAKES fresh banana, maple syrup, icecream

10

PASTA parmesan, cream or Nap sauce

10

CHICKEN NUGGETS chips and tomato sauce

10

23

FAIRY BREAD white bread with butter spread and sprinkles

6

TOMATO & CHEESE TOASTIE tomato and cheese toast

8

20

KIDS HAM & CHEESE TOASTIE

Ham, tomato, cheese and toast

10

22

COFFEES & TEAS

Espresso/ Cappucino / flat White / Chai Latte / Latte / Long Black/Hot Chocolate/ mocha

4.5

Extra shot, Mug, decaf \$0.5 Alternate milk \$1

22

English Breakfast / Earl Grey / Camomile/ Green Tea / Peppermint

22

SMOOTHIES

Strawberry / Blueberry / Mix berries/ Banana / Mango / Acai Bowl

9

12

FRAPPES Strawberry/ Blueberry / Mix berries

Strawberry/ Blueberry / Mix berries

9

22

COLD PRESSED JUICE

Fresh Orange Juice / Fresh Apple Juice / Detox (celery, green apple, cucumber/spinach or kale)

8

22

MILKSHAKES OR THICK SHAKE

Vanilla / strawberry / chocolate Oreo

8

22

ICED Iced mocha / iced chocolate / iced coffee

Iced mocha / iced chocolate / iced coffee

7.5

22

Kids Beverages

BABYCINO

3

22

KIDS WARM CHOC MILKSHAKE

4

BOTTLE JUICES (ask staff for available option)

6

SOFT DRINKS \$4.5

Coke / no sugar / lemonade / Sunkist / Lemon squash/ LLB / Ginger beer

6

SOFT DRINKS \$4.5

Coke / no sugar / lemonade / Sunkist / Lemon squash/ LLB / Ginger beer

6